

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2018

## ECS Memory Care 2 Calendar

<p>9:30 Popcorn Toss &amp; Trivia 10:45 Hand Massages &amp; Manicures 2:00 Coffee Talk 5:30 Evening Game</p>	<p>10:30 Active Games 2:30 Walks Outside with Carla 3:00 Penny Pitch 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 11:00 Catholic Mass CH 2:00 Coffee Talk 3:00 Current Events 5:30 Evening Game</p>	<p>9:30 Active Game 12:45 Ecumenical Church MC1 2:00 Coffee Talk 5:30 Evening Game  LE gone in PM.</p>	<p>9:30 Walks Outside 2:00 Coffee Talk 3:00 Michael Gruber A 6:15 Horse Racing</p>	<p>10:00 Chair Yoga MC1 2:00 Coffee Talk 2:15 Movie Time! Evening Game  LE gone in PM.</p>	<p>9:30 Sitting Exercises 2:00 Chocolate Chip Cookie Day Treats &amp; Game 3:00 Coffee Talk 5:30 Evening Game</p>
<p>9:30 Bowling 10:45 Hand Massages &amp; Manicures 2:00 Coffee Talk 5:30 Evening Game</p>	<p>11:00 Walks Outside 2:00 Coffee Talk 2:00 Good News Singers (Gospel Choir) A 4:00 Emma Jo Visits 6:15 Cover the Number</p>	<p>10:30 Preschool Visits MC1 11:00 Lunch Outing to Wendy's 2:00 Coffee Talk 5:30 Evening Game</p>	<p>10:00 Active Game 12:45 Ecumenical Church MC1 1:00 1:1's w/Hannah 2:00 Coffee Talk 3:00 Thomas Baker (Guitar) A 5:30 Evening Game</p>	<p>9:30 Walks Outside 2:00 Coffee Talk 3:00 Wii Bowling 5:30 Evening Game</p>	<p>10:00 Chair Yoga MC1 2:00 Coffee Talk 2:00-4:00 Summer Carnival!!! A 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 2:00 Sunshine Craft 3:00 Coffee Talk 5:30 Evening Game</p>
<p>9:30 Walks on the River Trail 10:45 Hand Massages &amp; Manicures 2:00 Coffee Talk 5:30 Evening Game</p>	<p>11:00 Walks Outside 2:30 Walks Outside with Carla 3:00 Relaxation Group 4:00 Emma Jo Visits 6:15 Jenga!</p>	<p>9:30 Sitting Exercises 2:00 Coffee Talk 3:00 "End of Summer" Craft 5:30 Evening Game</p>	<p>10:00 Active Game 12:45 Ecumenical Church MC1 2:00 Coffee Talk 3:00 "When Life Gives You Lemons" Game &amp; Drink 5:30 Evening Game</p>	<p>9:45 Jackie Meyer Sing-Along MC1 2:00 Coffee Talk 3:00 Current Events 4:30 Concert in the Park Outing 5:30 Evening Game</p>	<p>10:30 Active Game 2:00 Coffee Talk 3:00 Blueberry Mug Cake Social 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 2:00 Bike Rides 3:00 Coffee Talk 5:30 Evening Game</p>
<p>9:30 Bird Bingo 10:45 Hand Massages &amp; Manicures 2:00 Coffee Talk 5:30 Evening Game</p>	<p>11:00 Active Game 2:00 Coffee Talk 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 1:30 1:1's w/ Elizabeth 2:00 Coffee Talk 3:00 Tammy Kolen A 5:30 Evening Game</p>	<p>10:00 Active Game 12:45 Ecumenical Church MC1 2:00 Coffee Talk 3:00 Dessert Taste Testing 6:15 Make Your Own Postcard!</p>	<p>11:00 Walks Outside 2:00 Coffee Talk 3:00 Pineapple Pine Cone Craft 6:15 Alphabet Ball Roll</p>	<p>10:30 Shari Sarazin (Harp) A 2:00 Coffee Talk 2:15 S'more Making &amp; Campfire Stories MC1 5:30 Evening Game</p>	<p>9:30 Sunflower Canvas Craft w/Viterbo Students MC1 3:00 Coffee Talk 5:30 Evening Game</p>
<p>9:30 Bird Bingo 10:45 Hand Massages &amp; Manicures 2:00 Coffee Talk 5:30 Evening Game</p>	<p>11:00 Active Game 2:00 Coffee Talk 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 1:30 1:1's w/ Elizabeth 2:00 Coffee Talk 3:00 Tammy Kolen A 5:30 Evening Game</p>	<p>10:00 Active Game 12:45 Ecumenical Church MC1 2:00 Coffee Talk 3:00 Dessert Taste Testing 6:15 Make Your Own Postcard!</p>	<p>9:30 Walks Outside 2:00 Coffee Talk 5:30 Evening Game  LE gone in PM.</p>	<p>10:00 Chair Yoga MC1 1:00 1:1's w/Delaney 2:00 Coffee Talk 3:00 Walks on the River Trail Evening Game</p>	<p>9:30 Sitting Exercises 2:00 Chocolate Chip Cookie Day Treats &amp; Game 3:00 Coffee Talk 5:30 Evening Game</p>

Questions? Comments? Please see Hannah Hill, Life Enrichment Coordinator 608-791-2713 [hhill@qundersenhealth.org](mailto:hhill@qundersenhealth.org)

Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday



# August 2018

## ECS Memory Care 1 Calendar

<p>9:30 Sitting Exercises <b>10:00 Hand Massages &amp; Manicures</b> 2:00 Coffee Talk Evening Game</p>	<p><b>10:00 Sitting Exercises</b> 2:00 Walks Outside with Carla <b>2:15 Penny Pitch</b> 4:00 Emma Jo Visits <b>5:15 Penny Ante</b></p>	<p>9:30 Sitting Exercises <b>11:00 Catholic Mass CH</b> 2:00 Coffee Talk <b>2:15 Current Events</b> Evening Game</p>	<p><b>9:00 Strong Bones</b> 12:45 Ecumenical Church 2:00 Coffee Talk Evening Game LE gone in PM.</p>	<p><b>9:00 Walks Outside</b> 2:00 Coffee Talk <b>3:00 Michael Gruber A</b> <b>5:30 Horse Racing</b></p>	<p><b>10:00 Chair Yoga</b> 2:00 Coffee Talk 2:15 Movie Time! Evening Game  LE gone in PM.</p>	<p>9:30 Popcorn Toss &amp; Trivia 1:00 Chocolate Chip Cookie Day Treats &amp; Game! 2:00 Coffee Talk Evening Game</p>
<p>9:30 Sitting Exercises <b>10:00 Hand Massages &amp; Manicures</b> 2:00 Coffee Talk Evening Game</p>	<p><b>10:45 Walks Outside</b> 2:00 Coffee Talk <b>2:00 Good News Singers (Gospel Choir) A</b> 4:00 Emma Jo Visits <b>5:30 Cover the Number</b></p>	<p><b>10:30 Preschool Visits</b> <b>11:00 Lunch Outing to Wendy's</b> 2:00 Coffee Talk <b>3:00 1:1's w/Elizabeth</b> Evening Game</p>	<p>9:30 Sitting Exercises 12:45 Ecumenical Church 2:00 Coffee Talk Evening Game  LE gone all day.</p>	<p><b>9:00 Walks Outside</b> 2:00 Coffee Talk <b>2:15 Wii Bowling</b> Evening Game</p>	<p><b>10:00 Chair Yoga</b> 2:00 Coffee Talk <b>2:00-4:00 Summer Carnival!! A</b> Evening Game</p>	<p>9:30 Bowling 1:00 Sunshine Craft 2:00 Coffee Talk Evening Game</p>
<p>9:30 Sitting Exercises <b>10:00 Hand Massages &amp; Manicures</b> 2:00 Coffee Talk Evening Game</p>	<p><b>10:45 Walks Outside</b> 2:00 Coffee Talk <b>2:00 Good News Singers (Gospel Choir) A</b> 4:00 Emma Jo Visits <b>5:30 Cover the Number</b></p>	<p><b>10:30 Preschool Visits</b> <b>11:00 Lunch Outing to Wendy's</b> 2:00 Coffee Talk <b>3:00 1:1's w/Elizabeth</b> Evening Game</p>	<p><b>9:30 Strong Bones</b> 12:45 Ecumenical Church 2:00 Coffee Talk <b>3:00 Thomas Baker (Guitar) A</b> Evening Game</p>	<p><b>9:45 Jackie Meyers Sing-Along</b> 2:00 Coffee Talk <b>2:15 Current Events</b> <b>4:30 Concert in the Park Outing</b> Evening Game</p>	<p><b>10:00 Sitting Exercises</b> 2:00 Coffee Talk <b>2:15 Blueberry Mug Cake Social</b> Evening Game</p>	<p>9:30 Walks On the River Trail 1:00 Bike Rides 2:00 Coffee Talk Evening Game</p>
<p>9:30 Sitting Exercises <b>10:00 Hand Massages &amp; Manicures</b> 2:00 Coffee Talk Evening Game</p>	<p><b>10:45 Walks Outside</b> 2:00 Walks Outside with Carla <b>2:15 Relaxation Group</b> 4:00 Emma Jo Visits <b>5:30 Jenga!</b></p>	<p>9:30 Sitting Exercises 11:00 Rosary 2:00 Coffee Talk <b>2:15 "End of Summer" Craft</b> Evening Game</p>	<p><b>9:30 Strong Bones</b> 12:45 Ecumenical Church 2:00 Coffee Talk <b>2:15 "When Life Gives You Lemons Game &amp; Drink"</b> Evening Game</p>	<p><b>10:45 Walks Outside</b> 2:00 Coffee Talk <b>2:15 Pineapple Pine Cone Craft</b> <b>5:30 Alphabet Ball Roll</b></p>	<p><b>10:30 Shari Sarazin (Harp) A</b> 2:00 Coffee Talk <b>2:15 S'more Making &amp; Campfire Stories</b> Evening Game</p>	<p>9:30 Sunflower Canvas Craft w/Viterbo Students 1:00 Bird Bingo 2:00 Coffee Talk Evening Game</p>
<p>9:30 Sitting Exercises <b>10:00 Hand Massages &amp; Manicures</b> 2:00 Coffee Talk Evening Game</p>	<p><b>10:30 Seated Exercises</b> 2:00 Coffee Talk 4:00 Emma Jo Visits Evening Game</p>	<p>9:30 Sitting Exercises 11:00 Rosary <b>1:00 1:1's w/Hannah</b> 2:00 Coffee Talk <b>3:00 Tammy Kolen A</b> Evening Game</p>	<p><b>9:30 Strong Bones</b> 12:45 Ecumenical Church <b>1:00 1:1's w/Delaney</b> 2:00 Coffee Talk <b>2:15 Dessert Taste Testing</b> <b>5:30 Make Your Own Postcard!</b></p>	<p><b>9:00 Walks Outside</b> 2:00 Coffee Talk Evening Game  LE gone in PM.</p>	<p><b>10:00 Chair Yoga</b> <b>2:15 Walks on the River Trail</b> Evening Game</p>	

Questions? Comments? Please see Hannah Hill, Life Enrichment Coordinator 608-791-2713 [hhill@qundersenhealth.org](mailto:hhill@qundersenhealth.org)