

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2018

ECS Memory Care 2 Calendar

				<p>9:45 Walk It Out! (Hallway Walks) 10:45 3's Dice 1:00 Rosary w/Pam 2:00 Coffee Talk 3:00 Word Games 5:30 Evening Game</p>	<p>10:00 Chair Yoga MC1 10:30 Uno! MC1 2:00 Coffee Talk 2:00 Grumpy Old Men (Big Band) A 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p>	<p>10:00 Active Game 10:45 It's A Jungle Out There! Exploring Wild Life 2:00 Coffee Talk 2:15 Bread & Butter Making MC1 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:45 Spin A Song! 2:00 Coffee Talk 3:00 Watercolor Weaving 5:30 Evening Game</p>	<p>10:00 Active Game 10:45 Relaxation Group 12:30 AARPapella Outing at South Side Neighborhood Center 5:30 Evening Game</p>	<p>9:45 Walk It Out! (Hallway Walks) 10:00 Jackie Meyer (Piano) MC1 1:00 Rosary w/Pam 2:00 Coffee Talk 3:00 Short Stories & Discussion 5:30 Evening Game</p>	<p>10:00 Chair Yoga MC1 10:30 HATCH Bingo MC1 2:00 Coffee Talk 3:00 Word Games 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p> <p>Daylight Saving Time Begins</p>	<p>10:00 Active Game 10:45 Remembering Saint Patrick & Irish Trivia 1:00 Shari Sarazin (Harp) A 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:45 Craft, Draw, or Color! 2:00 Coffee Talk 3:00 Farkle 5:30 Evening Game</p>	<p>10:00 Active Game 10:45 Kenyan Safari Presentation 12:45 Ecumenical Church CH 2:00 Coffee Talk 3:00 Current Events 5:30 Evening Game</p>	<p>9:45 Walk It Out! (Hallway Walks) 10:45 Balloon Volleyball 1:00 Rosary w/Pam 2:00 Coffee Talk 3:00 Michael Gruber (Guitar) A 5:30 Evening Game</p>	<p>10:00 Chair Yoga MC1 10:30 What Price Is It? 2:00 Coffee Talk 2:15 "Luck of the Irish" Happy Hour MC1 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p> <p>St. Patrick's Day</p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p>	<p>10:00 Active Game 10:45 Celebrating Spring! 2:00 Coffee Talk 3:00 Farmer's Almanac Discussion 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 11:00 Catholic Mass CH 2:00 Corey Groves (Guitar) A 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:00 Flower Painting MC1 12:45 Ecumenical Church CH 2:15 Movie: Cool Runnings 5:30 Evening Game</p>	<p>9:45 Walk It Out! (Hallway Walks) 10:45 Penny Pitch 1:00 Rosary w/Pam 2:00 Coffee Talk 3:00 Spin a Song! 5:30 Evening Game</p>	<p>10:00 Chair Yoga MC1 10:30 Preschool Visit MC1 2:00 Coffee Talk 3:00 Word Games 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p> <p>Palm Sunday</p>	<p>10:00 Active Game 10:45 An Ocean of Knowledge! Exploring the World's Oceans 2:00 Carolyn Udell (Piano) A 4:00 Emma Jo Visits 5:30 Evening Game</p>	<p>9:30 Sitting Exercises 10:45 Craft, Draw, or Color! 2:00 Acts of Kindness A 5:30 Evening Game</p>	<p>10:00 Active Game 10:45 Manicures 12:45 Ecumenical Church CH 2:00 Coffee Talk 3:00 Current Events 5:30 Evening Game</p>	<p>9:45 Walk It Out! (Hallway Walks) 10:45 Fun Fact Trivia 1:00 Rosary w/Pam 2:00 Coffee Talk 5:30 Evening Game</p>	<p>10:00 Chair Yoga MC1 10:30 Building a Boeing 747-8 2:00 Coffee Talk 3:00 Word Games 5:30 Evening Game</p> <p>First Day of Passover Good Friday</p>	<p>9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>

Questions? Comments? Suggestions? See Hannah Hill, Life Enrichment Coordinator (608)-791-2713 hhill@undersenhealth.org

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



March 2018

ECS Memory Care 1 Calendar

<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p>	<p>4 9:30 Active Game 10:00 <u>It's a Jungle out there! Exploring Wild Life</u> 2:00 Coffee Talk 2:15 <u>Bread & Butter Making</u> 4:00 Emma Jo Visit 5:30 Evening Game</p>	<p>5 9:30 Sitting Exercises 10:00 <u>Spin a Song!</u> 11:00 Rosary 2:00 Coffee Talk 2:15 <u>Watercolor Weaving</u> 5:30 Evening Game</p>	<p>6 9:30 <u>Strong Bones</u> 10:00 <u>Relaxation Group</u> 12:30 <u>AARPapella Outing at South Side Neighborhood Center</u> 5:30 Evening Game</p>	<p>7 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>3's</u> 2:00 Coffee Talk 2:15 <u>Word Games</u> 5:30 Evening Game</p>	<p>8 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Jackie Meyer (Piano)</u> 2:00 Coffee Talk 2:15 <u>Short Stories & Discussion</u> 5:30 Evening Game</p>	<p>9 10:00 <u>Chair Yoga</u> 10:30 <u>HATCH Bingo</u> 2:00 Coffee Talk 2:15 <u>Word Games</u> 5:30 Evening Game</p>	<p>3 9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p> <p><small>Daylight Saving Time Begins</small></p>	<p>11 9:30 Active Game 10:00 <u>Remembering Saint Patrick & Irish Trivia</u> 1:00 <u>Shari Sarazin (Harp) A</u> 4:00 Emma Jo Visit 5:30 Evening Game</p>	<p>12 9:30 Sitting Exercises 10:00 <u>Craft, Draw, or Color!</u> 11:00 Rosary 2:00 Coffee Talk 2:15 <u>Farkle</u> 5:30 Evening Game</p>	<p>13 9:30 <u>Strong Bones</u> 10:00 <u>Kenyan Safari Presentation</u> 12:45 Ecumenical Church 2:00 Coffee Talk 2:15 <u>Current Events</u> 5:30 Evening Game</p>	<p>14 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Balloon Volleyball</u> 2:00 Coffee Talk 3:00 <u>Michael Gruber (Guitar) A</u> 5:30 Evening Game</p>	<p>15 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Penny Pitch</u> 2:00 Coffee Talk 2:15 <u>Spin a Song!</u> 5:30 Evening Game</p>	<p>16 10:00 <u>Chair Yoga</u> 10:30 <u>What Price Is It?</u> 2:00 Coffee Talk 2:15 <u>"Luck of the Irish" Happy Hour</u> 5:30 Evening Game</p>	<p>17 9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p> <p><small>St. Patrick's Day</small></p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p>	<p>18 9:30 Active Game 10:00 <u>Celebrating Spring!</u> 2:00 Coffee Talk 2:15 <u>Farmer's Almanac Discussion</u> 4:00 Emma Jo Visit 5:30 Evening Game</p>	<p>19 9:30 Sitting Exercises 10:00 <u>Bored? Games!</u> 11:00 <u>Catholic Mass CH</u> 2:00 Coffee Talk 2:00 <u>Corey Groves (Guitar) A</u> 5:30 Evening Game</p>	<p>20 9:30 Sitting Exercises 10:00 <u>Flower Painting</u> 12:45 Ecumenical Church 2:00 Coffee Talk 2:15 <u>Movie: Victoria & Abdul</u> 5:30 Evening Game</p>	<p>21 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Penny Pitch</u> 2:00 Coffee Talk 2:15 <u>Spin a Song!</u> 5:30 Evening Game</p>	<p>22 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Fun Fact Trivia</u> 2:00 Coffee Talk 2:15 <u>Puzzles & Coloring</u> 5:30 Evening Game</p>	<p>23 10:00 <u>Chair Yoga</u> 10:30 <u>Preschool Visit</u> 2:00 Coffee Talk 2:15 <u>Word Games</u> 5:30 Evening Game</p>	<p>24 9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>
<p>9:30 Sitting Exercises 1:30 Trivia 2:00 Coffee Talk 5:30 Evening Game</p> <p><small>Palm Sunday</small></p>	<p>25 9:30 Active Game 10:00 <u>An Ocean of Knowledge! Exploring Ocean Life</u> 2:00 <u>Carolyn Udell (Piano) CH</u> 4:00 Emma Jo Visit 5:30 Evening Game</p>	<p>26 9:30 Sitting Exercises 10:00 <u>Craft Draw or Color!</u> 2:00 <u>Acts of Kindness A</u> 5:30 Evening Game</p>	<p>27 9:30 <u>Strong Bones</u> 10:00 <u>Manicures</u> 12:45 Ecumenical Church 2:00 Coffee Talk 2:15 <u>Current Events</u> 5:30 Evening Game</p>	<p>28 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Fun Fact Trivia</u> 2:00 Coffee Talk 2:15 <u>Puzzles & Coloring</u> 5:30 Evening Game</p>	<p>29 9:30 <u>Walk It Out! (Hallway Walks)</u> 10:00 <u>Fun Fact Trivia</u> 2:00 Coffee Talk 2:15 <u>Puzzles & Coloring</u> 5:30 Evening Game</p>	<p>30 10:00 <u>Chair Yoga</u> 10:30 <u>Building a Boeing 747-8</u> 2:00 Coffee Talk 2:15 <u>Word Games</u> 5:30 Evening Game</p> <p><small>First Day of Passover Good Friday</small></p>	<p>31 9:30 Sitting Exercises 10:30 Manicures & Games 2:00 Daily Chronicle 5:30 Evening Game</p>

Questions? Comments? Suggestions? Please see Hannah Hill, Life Enrichment Coordinator (608)-791-2713 hlhill@qundersenhealth.org