

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:45 AM Church Canada Day 1	9:30 AM Exercise 1:00 PM Bob Bovee - Music 2	8:30 AM Exercise for Relaxation 10:00 AM Dick Hagedorn – Music 1:30 PM Mass 3	 2:00 PM Red, White, & Blue Popsicles on the patio Independence Day 4	9:30 AM Exercise 1:00 PM Switchback – Celtic Music Group 5	10:00 AM Bingo 1:00 PM Ryan Herman - Music 6	9:30 AM Exercise Video 1:00 PM Movie – To Kill a Mockingbird 7
10:45 AM Church 1:00 PM TV Series – Grace & Frankie 8	9:30 AM Exercise 2:00 PM Happy Hour 9	8:30 AM Exercise for Relaxation 1:00 PM Resident Meeting 10	Foot Nurse 10:00 AM Pet Therapy with Daisy 3:00 PM Bible Study 6:30 PM Concert in the Park 11	9:30 AM Exercise 1:00 PM Jeopardy 12	10:00 AM Beach Ball Exercise 1:00 PM Bingo 13	9:30 AM Exercise Video 1:15 PM Shopping Outing to Dollar Store 14
10:45 AM Church 1:00 PM TV Series – Grace & Frankie 15	9:30 AM Exercise 10:30 AM Lunch Outing to Rudy's 16	8:30 AM Exercise for Relaxation 1:00 PM Dan Eumurian - Music 17	Foot Nurse 10:00 AM Fire Drill 1:00 PM Meeting with Dietician 3:00 PM Bible Study 18	9:30 AM Exercise 1:00 PM Make Crafts for Alzheimer's Fundraiser 19	10:00 AM Beach Ball Exercise 1:00 PM Bingo 20	9:30 AM Exercise Video 1:00 PM Movie – On Golden Pond 21
10:45 AM Church 1:00 PM TV Series – Grace & Frankie 22	9:30 AM Exercise 1:30 PM Alzheimer's Awareness Fundraiser – Sundae Bar & Goodies Sale <small>*Support BLH team at the Alzheimer's Walk</small> 23	8:30 AM Exercise for Relaxation 1:00 PM "Capture This" Laughter Activity 24	10:00 AM Pet Therapy with Daisy 1:00 PM Steve Lankford 3:00 PM Bible Study 25	9:30 AM Exercise 1:00 PM Retired Nurse's Coffee Clutch 26	10:00 AM Beach Ball Exercise 1:00 PM Bingo 27	9:30 AM Exercise Video 1:00 PM Movie – Steve Martin & Martin Short: An Evening to Remember 28
10:45 AM Church 1:00 PM TV Series – Grace & Frankie 29	9:30 AM Exercise 1:30 PM Outing to Pearl Ice Cream Parlor 30	8:30 AM Exercise for Relaxation 1:00 PM Remembering the Beach – Discussion Group 31				

July Birthdays – Dorothy – 13th; Marion S. – 21st