







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 	2 10:00 AM Dick Hagedorn – Music 1:00 PM Season of the Pufferbelly ~mysterious adventure stories	3 10:00 AM Bob Bovee - Music 3:00 PM Bible Study	4 9:30 AM Exercise 1:30 PM Mass 3:00 PM Resident Meeting	5 10:00 AM Beach Ball Exercise 1:00 PM Bingo 	6 9:30 AM Exercise Video 1:00 PM Movie – A True Story – Dark Horse
7 10:45 AM Church	8 9:30 AM Exercise 1:00 PM Day-to-Day Calendar Craft	9 10:30 AM Exercise for Relaxation 1:00 PM New Year's Goals - discussion and activity group	10 Foot Nurse 10:00 AM Pet Therapy with Daisy 1:00 PM Exercise Bingo 3:00 PM Bible Study	11 9:30 AM Exercise 1:00 PM Exploring Flora & Fauna Discussion Group	12 10:00 AM Beach Ball Exercise 1:00 PM Bingo 	13 9:30 AM Exercise Video 1:00 PM Ryan Herman - Music
14 10:45 AM Church	15 9:30 AM Exercise 1:15 PM MOKA Outing <small>Martin Luther King Day</small>	16 10:30 AM Exercise for Relaxation 1:00 PM Name that Tune	17 Foot Nurse 10:00 AM “Donut know what we’d do without you” Craft 3:00 PM Bible Study	18 9:30 AM Exercise 1:00 PM Exercise Bingo 1:00 PM Massage by Janice (Free)	19 10:00 AM Beach Ball Exercise 1:00 PM Bingo 	20 9:30 AM Exercise Video 1:00 PM Movie – March of the Penguins
21 10:45 AM Church	22 9:30 AM Exercise 1:00 PM Martin Luther King Jr.	23 10:30 AM Exercise for Relaxation 1:30 PM Pajama Party	24 10:00 AM Pet Therapy with Daisy 3:00 PM Bible Study	25 9:30 AM Exercise 2:00 PM Happy Hour	26 10:00 AM Beach Ball Exercise 1:00 PM Bingo 	27 9:30 AM Exercise Video 10:45 AM Lunch outing to Culver’s
28 10:45 AM Church	29 9:30 AM Exercise 1:00 PM Squirrel Food Craft	30 10:30 AM Exercise for Relaxation 1:15 PM Shopping outing to GoodWill	31 10:00 AM Flashback Jeopardy 3:00 PM Bible Study <small>Tu B'Shevat</small>	 January 2018 Bethany on Cass		

January Birthdays – Don 4th; Carolyn N. 6th; Ella 9th; Carolyn P. 11th; Janice 29th